

WOMEN EMPOWERMENT IN RURAL AREAS: AN ANALYSIS WITH CASE STUDIES

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ABSTRACT

Women's empowerment refers to the process of enabling women to have greater control over their lives and to be able to make their own decisions. This can include empowering women to participate fully in the economy and in the political process, as well as empowering them to make decisions about their own health and well-being. Women's empowerment is important because it can lead to a range of positive outcomes, including increased economic growth and development, improved health and well-being, and greater gender equality. In India, women's empowerment has been a key issue for many years. Despite some progress in recent decades, women in India continue to face significant challenges when it comes to gender equality. These challenges include discrimination, lack of access to education and employment, and gender-based violence. Apart from these challenges, women achieved in many areas and somewhere attaining their empowerment. In this point of view, present study tried to register their challenges and struggles to achieve their empowerment.

KEYWORDS: *Women Empowerment, SHGs, Gender Equality, Gender Based Violence etc*

